

SASKATCHEWAN AMATEUR BODYBUILDING ASSOCIATION



Fall Classic Proposal

Initial Date: Fall 2011 – September or October.

Summary: With the increase from competing organizations, new events have been showing up on a regular basis. Here in Saskatchewan we have not yet had to deal with any competitors and feel that this could be considered a pre-emptive tactic. With moving both the novice and Provincial shows to the spring we find ourselves with many months where there is no events available to compete in, thus the inception of a new fall show. This show would not follow the standard format as the purpose would be to make it a fun show. It would be combined with our proposed year end banquet.

Time Line:

- Friday evening – weigh-ins
- Saturday noon – Fall Classic
- Saturday evening – SABBA Banquet

Classes:

- Bikini – 2 height classes & Overall
- Figure - 3 height classes, Masters & Overall
- Classic Bodybuilding - 3 height/weight classes & Overall
- Mens Open Bodybuilding - 3 weight classes & Overall

Qualifying:

- Must have competed in at least one previous event.
- Competitors would not be able to qualify to national shows from this event except for the Classic Bodybuilding classes, which would qualify only to the Canadian Natural Physique Championships.
- Option to open it to competitors from Manitoba and Alberta

Format:

- Show would run as 2 rounds run concurrent. Rd1- Prejudging, including all routines. Rd2- top 5 finalists, trophy presentation.
- Bodybuilding posing would allow props and up to 90 seconds.
- Figure and Bikini would allow each competitor to be introduced and walk on stage individually, perform individual poses before going into line.

Sanctioning:

The sanction fee would be kept low, probably starting at \$2500. The promoter would be required to provide a prize package to each overall winner of minimum \$500 value, to be made of merchandise, trips or prize money (bursary).